### Bullying Prevention and Intervention Plan

C.E. Broughton P.S.

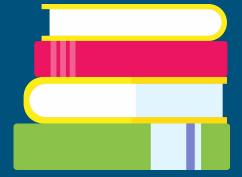
### Our School Commitment

We are committed to fostering a safe, accepting and supportive learning environment that promotes positive mental health and well-being, as well as the academic achievement of all learners. We believe that this is achieved through a Whole School Approach. We will respond to any student behaviour that is likely to have a negative impact on the school climate and will investigate all reports of bullying. We will provide support to those affected by bullying.

#### **Policy Statement**

Bullying will not be accepted on school property, at school-related activities, on school buses, or in any other circumstances (e.g., online) where engaging in bullying will have a negative impact on the school climate.

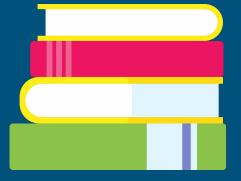
Ministry of Education of Ontario, PPM 144



#### **Healthy Relationships**

Healthy Relationships PREV Net describes Healthy Relationships as those that provide: •A sense of security and stability,•Basic needs,•A sense of being valued and belonging,•support and guidance to learn essential skills and understanding,•protection from excessive stress.

We all share a collective responsibility in fostering healthy relationships.



#### **Definition of Bullying**

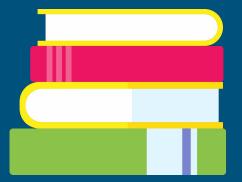
Means aggressive and typically repeated behaviour by a pupil where, (a) the behaviour is intended by the pupil to have the effect of, or the pupil ought to know that the behaviour would be likely to have the effect of,(i)causing harm, fear or distress to another individual, including physical, psychological, social or academic harm, harm to the individual's reputation or harm to the individual's property, or(ii)creating a negative environment at a school for another individual, and(b)the behaviour occurs in a context where there is a real or perceived power imbalance between the pupiland the individual based on factors such as size, strength, age, intelligence, peer group power, economic status, social status, religion, ethnic origin, sexual orientation, family circumstances, gender, gender identity, gender expression, race, disability or the receipt of special education;

For the purposes of the definition of "bullying" in subsection (1), behaviour includes the use of any physical, verbal, electronic, written or other means.



#### **Cyber Bullying**

For the purposes of the definition of "bullying" seen here, bullying includes bullying by electronic means (commonly known as cyber-bullying), including, (a)creating a web page or a blog in which the creator assumes the identity of another person;(b)impersonating another person as the author of content or messages posted on the internet; and(c)communicating material electronically to more than one individual or posting material on a website that may be accessed by one or more individuals.PPM 144



#### **Bullying Prevention/Intervention Goals:**



Promoting the importance of respecting and accepting others as unique and contributing members of the school community

Students as UPSTANDERS and not bystanders



Promoting respectful communication (restorative practices, community circles, role playing)

Understanding of the difference between bullying and social conflict (students, parents, staff, community members)



Promoting a school community that feel they are welcome and that they matter

Understanding of strategies/help to address issues of verbal bullying – own it, fix it, learn from it, move on



Daily mental health messages and positive affirmations

Understanding of digital citizenship and safety (students, staff, parents)

## What We are Doing In Our Classrooms and in Our School:

# Bullying Awareness and Prevention Strategies

- Culturally responsive and relevant pedagogy
- Positive mental health (building resilience in our students), 21 Days of Wellness and Beyond initiative
- Positive sense of self School-based community events, GSA (Gay/Straight Alliance), Parent and Family Engagement events
- Self-regulation (understanding and using the Zones of Regulation, stressors and identifying strategies to reduce stressors)
- Restorative practices, community circles (conflict resolution)
- Student Rights deconstructing student rights with classes
- Restore and repair relationships explicit teaching/modelling of prosocial behavior and conflict resolution strategies
- Student voice and choice (e.g., recess alternatives)
- Offering alternate spaces for students who need a break

## What Student Voice is Doing in Our School -

#### Bullying Awareness and Prevention Strategies

- Student Council
- Student involvement and leadership in school wide/community events (Pink Shirt Day, Character Trait assemblies, announcements)
- Inquiry-based learning

   (authentic and relevant topics to inspire social ally action/advocacy for others)

#### How We Respond to Bullying at Our School

- Ensuring the safety of all involved
- •Responding to any student behaviour that is likely to have a negative impact on the school climate
- •Using "teachable moments" with restorative discussions (community circles)
- Conducting a school-based investigation
- Considering mitigating and other factors
- •Contacting the parents of the person(s) who has been harmed and the parents of the person(s) who has caused harm in accordance with legislation
- •Contacting community partners, when necessary (e.g., Community Liaison Officer)
- •Developing an action plan that might include Restorative Practice, Bias Free Progressive Discipline, or other actions
- •Implementing a Safe Schools Student Safety Plan
- •Teaching strategies to help students self-regulate through Zones of Regulation